



ENGADIN
SKIMARATHON

PRESENTED BY **helvetia** 

Technical instructions and Regulations

Engadin Skimarathon, Engadin Half Marathon, Engadin Women's Race, Engadin Night Race

If nothing specific is written, the instructions apply to both the Engadin Skimarathon, Engadin Half Marathon, Engadin Women's Race and Engadin Night Race.

Skiing technique

Freestyle and Classic; the whole track is groomed (classic tracks where possible). It is forbidden to skate in the classic tracks. Anyone who violates this can be disqualified.
ATTENTION: Only double poling until the start line, no skating!

Freestyle

Freestyle is permitted on the left side in the race direction. In bottlenecks where there is not enough space for differentiation, freestyle is permitted.

Classic

The tracks for classical technique are on the right side in the race direction.

Limitation of participants

The organizer is allowed to limit the number of participants if necessary.

Deadline

The times of the registration deadline are valid only as long as there are still starting places available.

Engadin Skimarathon/Half Marathon

The online registration will be closed on the Friday before the race day at midnight. After this time registrations are only possible until the Saturday before the race day at 5 pm at the bib distribution in the Marathon-Village, Pontresina.

Engadin Women's Race

The online registration will be closed on the Friday before the race day at midnight. After this time registrations are only possible until the Saturday before the race day at 6 pm at the bib distribution in Samedan

Engadin Night Race

The online registration will be closed on the Wednesday before the race day at midnight. After this time registrations are possible until the Thursday before the race day at 5 pm at the bib distribution in the Marathon-Village, Pontresina.

Entry fee

The amount of the entry fee depends on the time of receipt of the payment.

Engadin Skimarathon (42 km)

until August 31 st	CHF 100.-	EUR 95.-
from September 1 st	CHF 120.-	EUR 115.-
from January 1 st	CHF 140.-	EUR 135.-
from February 1 st	CHF 160.-	EUR 155.-
from March 1 st	CHF 180.-	EUR 175.-

Engadin Half Marathon (21 km)

until August 31 st	CHF 75.-	EUR 70.-
from September 1 st	CHF 95.-	EUR 90.-
from January 1 st	CHF 115.-	EUR 110.-
from February 1 st	CHF 135.-	EUR 130.-
from March 1 st	CHF 155.-	EUR 150.-

Engadin Women's Race

until February 15 th	CHF 60.-	EUR 60.-
from February 16 th	CHF 80.-	EUR 75.-

Engadin Night Race

until February 15 th	CHF 55.-	EUR 55.-
from February 16 th	CHF 75.-	EUR 70.-

Notes

- Juniors born in 2006/2007 participate in the Engadin Half Marathon for free.
- The entry fee is excluding any transaction costs (eg. credit card fees).
- The euro price can be adjusted at short notice depending on the exchange rate.

Start

Engadin Skimarathon/Half Marathon

The participants in the starting blocks Elite, Elite A (gross time) and Elite B start from the starting field. The start for the participants of the following starting blocks takes place from the starting boxes. Participants first walk to waiting boxes next to the starting field. From there they are led in groups to the starting field to put on their skis and start independently. In the start boxes, the depositing, wearing or laying-on-the-ground of skis is not allowed.

Important: From Elite B, split times are measured by chip activation at the starting line (net time measurement). Elite and Elite A ladies start five minutes before the rest of the starting field.

Engadin Women's Race

The participants of the starting block Elite (gross time measurement) start from the starting field. The start for the participants of the following starting blocks takes place from starting boxes. Participants first walk to waiting boxes next to the starting field. From there they are led in groups to the starting field to put on their skis and start independently. In the start boxes, the depositing, wearing or laying-on-the-ground of skis is not allowed.

Important: From Elite A, split times are measured by chip activation at the starting line (net time measurement).

Engadin Night Race

The start takes place for all from the starting field (gross time measurement). The participants line up in accordance with their category.

Starting block

Engadin Skimarathon/Half Marathon, Engadin Women's Race

The start takes place in the assigned starting block, the qualification for which results from the participation in the Engadin Skimarathon / Half Marathon or Engadin Women's Race in the past two years. Qualification for a starting block remains for all participants for two years. If a qualification from the Engadin Skimarathon is available, this is relevant and performance certificates of other cross-country races can not be considered for the classification in this case. First-time participants can arrange themselves in the starting blocks Main Class A to General Class. First-time entrants who provide a certificate of performance can also be divided into the starting blocks Elite to Elite C (with the start block change form). The number of people per starting block is limited. Should a starting block be full at the time of registration, the next free starting block will be allocated.

Engadin Night Race

The starting block can be chosen freely. For the starting block Elite a proof of achievement must be submitted.

Race distance

Engadin Skimarathon / Half Marathon

Participants who have registered for the 42 km can finish the race in Pontresina after 21 km and will be listed in the Half Marathon ranking. Participants registered for the 21km race must finish the race at Pontresina, otherwise they will not be ranked for either 21km or 42km.

Climbs/descents

The whole route must be covered on skis. It is prohibited, especially in ascents, to take off your skis. This limitation also applies to the climb at the Olympic hill in St. Moritz. Participants who take off their skis will be disqualified. Exempted from this rule is the Stazerwald descent, whereby only the specially marked footpath may be used.

Ski equipment/change

The skis and poles used must comply with the regulations of the FIS. Ski changes during the race are prohibited. In case of defects on skis or bindings, a maximum of one ski may be replaced.

Responsibilities of the competitors

Competitors have to cover the whole distance on their skis using only their own means of propulsion. Help from pace setters or pushing is not allowed (IWO Art. 343.7).

Evaluation by age group

Engadin Skimarathon/Half Marathon

Category	Year
Boys / Girls U16	2006 – 2007*
Men / Women Youth U18	2004 – 2005
Men / Women Youth U20	2002 – 2003
Men / Women	1992 – 2001
Men / Women Masters 1	1987 – 1991
Men / Women Masters 2	1982 – 1986
Men / Women Masters 3	1977 – 1981
Men / Women Masters 4	1972 – 1976
Men / Women Masters 5	1967 – 1971
Men / Women Masters 6	1962 – 1966
Men / Women Masters 7	1957 – 1961
Men / Women Masters 8	1952 – 1956
Men / Women Masters 9	1947 – 1951
Men / Women Masters 10	1942 – 1946
Men / Women Masters 11	1941 & older

*only Engadin Half Marathon

Engadin Women's Race and Engadin Night Race

Category	Year
Boys / Girls U16	2006 – 2007
Men / Women Youth U18	2004 – 2005
Men / Women Youth U20	2002 – 2003
Men / Women	1992 – 2001
Men / Women Masters 1+2	1982 – 1991
Men / Women Masters 3+4	1972 – 1981
Men / Women Masters 5+6	1962 – 1971
Men / Women Masters 7+8	1952 – 1961
Men / Women Masters 9-11	1951 & older

Distance and finish line

- The official race end is clearly communicated and the track is controlled by a race control vehicle.
- Skiers who arrive at the finish after the official race end will not be ranked.
- If you are overtaken by the race control vehicle, you are only allowed to continue the race at your own risk. The start number bib and time chip must be handed over to the race control vehicle.
- The jury reserves the right to extend the last checkpoint times as well as the official race end in difficult conditions.

Engadin Skimarathon/Half Marathon

- The finish will be closed at 4 pm (42 km) / 2:30 pm (21 km). Participants who arrive at the finish after the official race end will not be ranked.

- Last checkpoint times for 42 km: Pontresina 01:00 pm, La Punt Chamues-ch 2:15 pm and Zuoz 3 pm.
- There is an official bus in Pontresina, La Punt Chamues-ch and Zuoz. This brings the late participants to the finish where they can collect their effects.
- Marathon participants who arrive in Pontresina after 01:00 pm will be pulled out of the Marathon and ranked for the Half Marathon.

Engadin Women's Race

- Finish at 1:00 pm

Engadin Night Race

- Finish at 10:00 pm

Rating for classic style

Engadin Skimarathon/Half Marathon, Engadin Women's Race

In addition to the general rating, a separate classic-style rating is maintained (alphabetical list, no ranking). Participants must enter their skiing style when registering online.

Engadin Night Race

No classic rating

Timing chip

The timekeeping chip is attached to the inside of the start number bib and must be worn at the front. It must be returned to the designated place after the finish. Not returned chips will be charged with CHF 40.00 / EUR 35.00. If you do not start or withdraw from the race, you can return the chip to the marathon office of the Engadin Skimarathon at the latest by the end of March (please use a padded envelope; the Engadin Skimarathon is not responsible for the chips lost due to shipping).

Protests

Engadin Skimarathon/Half Marathon

Protests must be submitted in writing to the jury, in the jury room of the finish area building. This requires a CHF 100.00 deposit. For elite men skiers, the protest period is within 15 minutes after the finish of the 100th placed mens skier. For the elite women skiers the protest period is within 15 minutes after the finish of the 20th placed womens skier. For all other participants, the protest period ends 15 minutes after the official race end.

Engadin Women's Race

Protests by elite skiers must be submitted within 15 minutes of the 20th placed skier's finish. For all other participants, the protest period ends 15 minutes after the official race end.

Engadin Night Race

Protests by elite skiers must be submitted within 15 minutes of the 20th placed skier's finish for men and 10th placed skier's finish for women. For all other participants, the protest period ends 15 minutes after the official race end.

Disqualification

The following infractions will result in a disqualification and a two-year ban;

- runs with a different starting number than the one assigned.
- runs under a wrong name.
- giving your starting number to another person.
- starting from a higher than the assigned start block.
- causing a false start.
- covering part of the route in another way other than on skis (exception: Stazerwald descent on foot on the specially marked path).
- skating in the tracks reserved for classic style.
- behaving in a unsporting manner towards participants, officials or spectators.

In case of a two-year ban, the original start qualification is automatically lost. i.e. the participant is transferred back by one starting block.

Doping controls

Engadin Skimarathon

Doping controls are conducted in accordance with the regulations of Antidoping Switzerland and must be completed by the participants. In the event of a refusal of control, this will be equated to a positive doping test and referred to the disciplinary body. Any prize money will not be paid out in this case.

Prize money

Engadin Skimarathon

for ladies and gentlemen, each:

1st place	CHF 10'000.-
2nd place	CHF 5'000.-
3rd place	CHF 2'500.-
4th place	CHF 1'250.-
5th place	CHF 750.-
6th place	CHF 500.-

Engadin Women's Race

1st place	CHF 1'000.-
2nd place	CHF 500.-
3rd place	CHF 250.-

Trail grooming

Participants are requested to refrain from entering newly groomed trails before the race, starting at the times listed below.

- Engadin Skimarathon: Saturday, March 7th, 2020, 4:00 pm
- Engadin Women's Race: Saturday, February 29th, 2020, 8:00 pm
- Engadin Night Race: Thursday, March 5th, 2020, 5:00 pm

Cancellation

If no cancellation insurance has been taken out and you cancel before the December 31st, the paid starting fee will be credited to the next year's race (no refund). If you cancel

after December 31st, no credit will be given. We recommend taking out cancellation insurance (eg. directly with online registration). The start authorization can be transferred to a replacement person until February 18th for a fee of CHF 40.00 / EUR 35.00.

If participants who enter Switzerland from abroad have to remain in quarantine for at least 5 days due to official instructions and therefore cannot start the Engadin Skimarathon, Engadin Women's Race or Engadin Night Race, the entry fee will be carried over to the next year.

Data protection

During the run participant photos and participant videos are produced, which can then be obtained from the participants. The publication of the participant photos and participant videos must be approved in the online registration. Main and co-sponsors of the Engadin Skimarathon have the right to send a one-time mailing to the participants. The dispatch of the mailing must also be approved during the online registration.

With the approval of the competition regulations, the [privacy policy](#) of Datasport is also approved. The names and results of the participants are published on the official ranking list of the time keeping company. Participants have the right to demand the deletion and restriction of the use of personal data from Datasport and to object in writing to such processing of personal data.

Information of doubtful conditions

In case of doubtful conditions the organizer informs over the website.

Cancellation of the competition

Should the competition be cancelled due to COVID-19, the entry fee will be carried over to the next year. If the competition can not be held for any other reason, a refund of 80% of the registration fee will be made (registration entry fee: Engadin Skimarathon CHF 20.00, Engadin Frauenlauf and Engadin Nachtlauf CHF 15.00 according to IWO / Service fee: difference between entry fee and paid entry fee). Only the part that has not yet been claimed by the organization can be repaid from the service contribution.

Insurance / Liability

Each participant must be accident insured and fully responsible for his / her state of health. The organizer assumes no liability for accidents, lost items, theft and other damages of any kind. Also, the organizer rejects all liability towards spectators and third-parties.

FIS rules

Along with our rules and regulations and [rules of the FIS](#) are to be followed.

Acceptance Technical instructions and regulations

With the payment of the entry fee the participants accept without reservation these technical instructions and these regulations of the Engadin Skimarathon.

In case of doubt the German version of the regulations is valid.