



ENGADIN
SKIMARATHON

PRESENTED BY **helvetia** 

ENGADIN SKIMARATHON

The story of the biggest cross-country event in
Switzerland

A week that has it all

The Engadin Skimarathon is much more than just a single 42-kilometer race: the offer for participants and spectators is increasingly becoming a complete marathon week with several competitions and accompanying events.

Traditionally, women kick off the marathon week: since 2000 they race their own race from Samedan to S-chanf in front of the "Engadiner" on Sunday. As with the "Engadiner", top international athletes, ambitious young women skiers and many recreational women athletes are at the start. They run the 17 kilometers either individually or as a team. With more than 1000 participants, the Engadin women's race is one of the most successful events of its kind.

On the Wednesday of the marathon week the youngest arrive at the cross-country center in Samedan, where the junior race for 7- to 16-year olds takes place. The approximately 100 participants from the Engadin region and the neighboring valleys not only fight for honor and glory; the best 6 of each age group qualify for the night sprint on Friday evening in St. Moritz. There they appear in front of a huge crowd of spectators amidst their athletic idols!

Night becomes the day

On Thursday 9th March 2017, the first edition of the Engadin Night Run took place. With this event, the cross-country ski trail could be discovered in a completely different light and the route between Sils and Pontresina became an unforgettable experience. The quiet, mystical minutes over the lakes and through the Stazerwald were punctuated with rhythmic sounds from five different music groups. The unique atmosphere was additionally bolstered by candles and fire bowls along the way. A total of 430 people took part in the premiere of the new run.

Two days before the Engadin Skimarathon, the sprint aces compete in the floodlights of St. Moritz spa on Friday evening. The night sprint offers spectacle and excitement in front of enthusiastic spectators. World-class top athletes duel with talented rookie skiers, plus the students

from Grisons who were able to qualify on Wednesday in the youth race. The story of the night sprint started in 1981 in Sils - since 2012 it takes place at the Marathon Village in St. Moritz-Bad.